



**Desert Preschool Academy
Snack For (1-2) years old
January 02-31, 2025.**

Bread and Crackers: Enriched whole grain, whole wheat and gluten free products served.
 Dairy: Children 1-2 years of age are served whole milk. Dairy Substitutions: whole milk, whole Lactaid Free Milk, Soy milk, Soy yogurt and Soy butter. Non-Dairy and Plant based Cheese.
 NOTE: Healthy Beverage in Child Care Act does not allow licensed childcare centers to serve flavored beverages to children of any age.
 Water is available to children throughout the day. **We are a Nut free institution.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 HOLIDAY SCHOOL CLOSED	2 Goldfish Crackers ½ Serving. Sun butter .5 oz 100% Fruit Juice 4oz.	3 Avocado Dip 4oz Wgr. Soft Bread stick ½ S. String Cheese .5oz Water
6 Cottage cheese 2 oz. Diced peach 4oz. Water.	7 Corn Muffin ½ Serving. Whole Milk 4oz.	8 Baby bel Cheese ½ oz. Ritz crackers ½ serving. Diced peach 4oz.	9 Hummus ½ oz. Pita Pocket ½ Serving. 100% Fruit Juice 4oz.	10 Wheat Thins ½ Serving. Cream cheese .5oz Applesauce 4 oz.
13 Yogurt 4 oz. Graham Crackers ½ Serving. Water	14 Cheez its crackers ½ serving. Soy Butter .5oz 100% Fruit Juice 4oz.	15 Berry Nutri grain bars ½ S. Whole Milk 4 oz.	16 String Cheese ½ oz. Saltine Crackers ½ Serving. Tropical fruit 4oz.	17 Avocado Toast Wgr. Toast Bread ½ Serving. Avocado Dip 4oz. Water
20 HOLIDAY SCHOOL CLOSED	21 Cottage Cheese 2oz. Pineapple Tidbits 4 oz. Water	22 Fig Newtons ½ Serving. Fresh fruit 4oz. Whole Milk 4oz.	23 Fruit Yogurt 4oz. Animal Crackers ½ Serving. Water	24 Fresh Cucumbers Dip 4oz. String Cheese ½ oz Rice Cake ½ Serving. Water
27 Carrot Sticks 4oz. Triscuits ½ Serving. Ranch dressing ½ oz.	28 Graham Crackers ½ Serving. Fruit Yogurt 4oz. Water	29 Wheat Thins ½ Serving. Cream cheese .5oz Applesauce 4 oz.	30 Babybel cheese ½ oz. Naan Bread ½ Serving. 100% Fruit Juice 4oz.	31 Apple Nutri grain bar ½ Serv. Whole Milk 4 oz.

In accordance with Federal Law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identify and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

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1. Mail: U.S. Department of Agriculture
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Washington, D.C 20250-9410; or
2. Fax: (833) 256-1665 or 202-690-7442; or
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This institution is an equal opportunity provider.



**Desert Preschool Academy
Breakfast For (2-5) years old
January 02-31, 2025**

Bread and Crackers: Enriched whole grain, whole wheat and gluten free products served.
 Dairy: Children 2-5 years of age are served 1% milk or Nonfat (skim) Milk, Dairy Substitutions: Nonfat Lactaid free milk, Soy milk, soy yogurt and soy butter. Non-Dairy and Plant Based Cheese.
 NOTE: Healthy Beverage in Child Care Act does not allow licensed childcare centers to serve flavored beverages to children of any age.
 Water is available to children throughout the day. **We are a nut free institution.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 HOLIDAY SCHOOL CLOSED	2 Cheerios cereal ½ Serving. Diced peaches 4oz. 1% Milk 6oz.	3 French toast 4 oz. Fresh Fruit 4oz. 1% Milk 6oz.
6 Pancakes ½ Serving. Mix fruit 4 oz. 1% Milk 6oz	7 Blueberry Muffin ½ Serving. Diced Pears 4oz. 1% Milk 6oz.	8 Waffles ½ Serving. Jelly .5oz Applesauce 4oz. 1% Milk 6oz.	9 Corn muffins ½ Serv Pineapple tidbits 4oz 1% Milk 6oz.	10 Zucchini Bread ½ Serving. Fresh oranges 4oz. 1%Milk 6oz
13 Mini bagels ½ S. Cream Cheese .5oz Fresh Berries 4oz. 1% Milk 6oz	14 French Toast ½ Serving. Tropical fruit 4 oz. 1% Milk 6oz.	15 Orange- Berries Bread½ Serv Mandarin Orange 4oz 1% Milk 6oz.	16 Yogurt W/ Granola 4oz Diced Peach 4 oz. 1% Milk 6oz.	17 Banana Bread ½ Ser Cn. Apples slices 4oz 1% milk 6oz
20 HOLIDAY SCHOOL CLOSED	21 Rice Chex Cereal ½ c. Fresh Bananas 4oz. 1% Milk 6oz.	22 English muffins½ Serving Diced Peach 4oz. 1% Milk 6oz.	23 Pancakes ½ Serv Diced pear 4oz 1% milk 6oz	24 Carrot bread ½ Serving. Tropical fruit 4oz. 1% Milk 6oz
27 Corn Muffin ½ Serving. Mandarin Oranges 4oz. 1% Milk 6oz.	28 Yogurt w/Granola 4oz Granola 1oz Fresh Mango 4oz 1% Milk 6oz.	29 Lemon Bread ½ serving. Applesauce 4oz. 1% Milk 6oz	30 Cheerios ¾ C. Tropical Fruit 4oz. 1% Milk 6oz	31 Bran Muffins ½ Serving. Fresh pineapple 4oz. 1% Milk 6oz

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Desert Preschool Academy
Lunch For (2-5 years old)
January 2-31, 2025.

Bread and Crackers: Enriched whole grain, whole wheat and gluten free products served.
 Dairy: Children 2-5 years of age are served 1% milk. Dairy Substitutions: Nonfat (skim) Milk, Nonfat Lactaid free milk, Soy milk, soy yogurt and soy butter. Non-Dairy and Plant Based Cheese, Meats...
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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 HOLIDAY SCHOOL CLOSED	2 Mac & Cheese ¾ C. Whole Grain Pasta ¼ C. Chef cut Blend Veggies 2 oz. Cn. Apple Slices 2 oz. 1% Milk 6 oz.	3 Chicken and Rice Soup 1C. Diced chicken 1.5 oz. Steamed rice ¼ C. Mix vegetables 2oz Fresh bananas 2oz 1% Milk 6oz.
6 Cheese Quesadilla 1.5 oz. Flour Tortilla ½ S. Refried Beans 2 oz. Fresh Orange Slices 2 oz. 1% Milk 6 oz.	7 Chicken Nuggets 1.5 oz Whole Wheat Bread ½ Serv Steamed fiesta Corn 2 oz. Mix Berries 2 oz. 1% Milk 6 oz.	8 Albondigas Soup 1C Wgr. Saltine Crackers ½ serv, Fresh Mix Vegetables 2oz. Honey Dew 2 oz. 1% Milk 6oz	9 Turkey and Cheese Sub 1.5oz. Whole Grain Sub rolls ½ Serv Lettuce-Tomato 2 oz. Fresh Apple 2 oz. 1% Milk 6 oz.	10 5 Cheese Ravioli 4oz. Wgr. Bread slice ½ Serving. California Blend Vegetables 2oz Sliced Peaches 2 oz. 1% Milk 6 oz.
13 Beef Strogoff 1.5 oz. Whole Grain Pasta ¼ C. Green Beans 2oz. Fresh Diced Mango 2 oz. 1% Milk 6oz.	14 Chicken & Cheese Wrap 1.5oz Spinach Tortilla ½ Serving. fresh vegetables 2oz. Diced Pears 2 oz. 1% Milk 6 oz.	15 Turkey and Potato Soup 1 C Whole Wheat Bread ½ Serving. Diced Potato 2 oz. Fresh Pineapple 2 oz. 1% Milk 6 oz.	16 Chicken Marinara 1.5 oz. Whole Grain Pasta ¼ C. Steamed Vegetables 2oz. Cantaloupe 2 oz. Fresh fruit 1% Milk 6 oz.	17 Beef Tostada 1.5oz. Hard Shell Tortilla ½ Serving. Pico De Gallo 2 oz. Fresh Orange Slices 2 oz. 1% Milk 6oz.
20 HOLIDAY SCHOOL CLOSED	21 Chicken Nuggets 1.5 oz Whole Wheat Bread ½ Serv Fresh Mix Vegetables 2 oz. Apple slices 2 oz. 1% Milk 6 oz.	22 Ground Beef - Rice Bowl 1C. Spanish Rice ¼ C. Pico de Gallo 2oz. Tropical fruit 2oz. 1% Milk 6oz.	23 Turkey and Cheese Sand 1.5 oz. Whole Wheat Bread ½ serving. Tomato Basil Soup 4oz. Mix fruit 2 oz. 1% Milk 6 oz..	24 Chicken Noodle soup 1C Whole Grain pasta ¼ C. Mix veggies 2 oz. Fresh Banana 2 oz. 1% Milk 6oz.
27 Spaghetti and Meatballs 1.5 oz. Whole Grain Pasta ¼ C.. Green salad 2oz. Mix Berries 2 oz. 1% Milk 6 oz.	28 BBQ Chicken 1.5 oz. W.W Dinner Rolls ½ Serving. Mashed Potato 2oz Tropical Fruit 2 oz. 1% Milk 6 oz	29 Baked Chicken or Fish fillets in Italian Herbs 1.5 oz. Rice Pilaf ¼ C. Green Salad 2 oz. Fresh Orange Slices 2 oz 1% Milk 6oz.	30 Mac & Cheese ¾ C. Whole Grain Pasta ¼ C. California Blend Veggies 2 oz. Cn. Apple Slices 2 oz. 1% Milk 6 oz.	31 Sloppy Joe 1.5 oz. Wgr. Buns ½ Serving. Cole Slaw 2 oz. Diced Peach 2 oz. 1% Milk 6 oz

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Desert Preschool Academy
Lunch For (1-2 years old)
January 2-31, 2025.

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 HOLIDAY SCHOOL CLOSED	2 Mac & Cheese ¾ C. Cheddar Cheese 1oz. Whole Grain Pasta ¼ C. Chef cut Blend Veggies 1 oz. Cn. Apple Slices 1 oz. Milk 4 oz.	3 Chicken and Rice Soup 1 C. Diced chicken 1oz. Steamed rice ¼ C. Mix vegetables 1oz Fresh bananas 1oz Milk 4oz.
6 Cheese Quesadilla 1 oz. Flour Tortilla ½ Serving. Refried Beans 1oz. Mandarin Orange 1 oz. 1% Milk 8 oz.	7 Chicken Nuggets 1 oz. Whole Wheat Bread ½ Serving. Steamed fiesta Corn 1 oz. Mix Berries 1 oz. Milk 4 oz.	8 Albondigas Soup ¾ C. Meatballs 1 oz. Wgr. Saltine Crackers .5 oz. Fresh Mix Vegetables 1oz. Cn fruit 1 oz. Milk 4oz	9 Turkey and Cheese Sub 1 oz. Whole Grain Sub rolls ½ serv Lettuce-Tomato 1 oz. Cn. Applesauce 1 oz. Milk 4oz.	10 5 Cheese Ravioli 3 oz. Wgr. Bread slice ½ Serving. California Blend Vegetables 1oz Sliced Peaches 1 oz. Milk 4oz.
13 Beef Strogoff 2 oz. Whole Grain Pasta ½ C. Green Beans 4oz. Fresh Diced Mango 2 oz. 1% Milk 8 oz.	14 Chicken & Cheese Wrap 1oz. Spinach Tortilla ½ Serving. Fresh vegetables 1oz. Diced Pears 1 oz. Milk 4 oz.	15 Turkey and Potato Soup ¾ C. Whole Wheat Bread ½ Serving. Diced Potato 1 oz. Fresh Pineapple 1 oz. Milk 4 oz.	16 Chicken Marinara 1 oz. Whole Grain Pasta ¼ C. Steamed Vegetables 1oz. Cn. Fruit 1 oz. Milk 4 oz.	17 Beef Tostada Ground Beef 1 oz Soft Tortilla ½ Serving. Pico De Gallo 1oz. Mandarin Orange 1 oz. Milk 4oz.
20 HOLIDAY SCHOOL CLOSED	21 Chicken Nuggets 1 oz Whole Wheat Bread ½ Serv Fresh Mix Vegetables 1 oz. Cn. Apple slices 1 oz. Milk 4oz.	22 Ground Beef - Rice Bowl ¾ C. Ground Beef 1oz. Spanish Rice ¼ C. Pico de Gallo 1oz. Tropical Fruit 1oz. Milk 4oz.	23 Turkey and Cheese Sand 1 oz. Whole Wheat Bread ½ serving. Tomato Basil Soup 1oz. Mix fruit 1oz. Milk 4 oz..	24 Chicken Noodle soup 1C Diced Chicken 1oz. Whole Grain pasta ¼ C. Mix veggies 1 oz. Fresh Banana 1 oz. Milk 4oz.
27 Spaghetti and Meatballs 1 oz. Whole Grain Pasta ¼ C. Steamed vegetables 1oz. Mix Berries 1 oz. Milk 4 oz.	28 BBQ Chicken 1 oz. W.W Dinner Rolls ½ Serving. Mashed Potato 1oz Tropical Fruit 1 oz. Milk 4 oz	29 Baked Chicken or Fish fillets in Italian Herbs 1 oz. Rice Pilaf ¼ C. Green Salad 1 oz. Mandarin Orange 1oz Milk 4oz.	30 Mac & Cheese ¾ C. Cheddar Cheese 1oz. Whole Grain Pasta ¼ C. California Blend Veggies 1 oz. Cn. Apple Slices 1 oz. Milk 4 oz.	31 Sloppy Joe 1 oz. Wgr. Buns ½ Serving. Cole Slaw 1 oz. Diced Peach 1 oz. Milk 4oz

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**Desert Preschool Academy
Snack For (2 -5) years old
January 02-31, 2025.**

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 Dairy: Children 2-5 years of age are served 1% milk. Dairy Substitutions: Non-fat (skim) milk, Non-Fat Lactaid Free Milk, Soy milk, Soy yogurt and Soy butter. Non-Dairy and Plant based Cheese.
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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 HOLIDAY SCHOOL CLOSED	2 Goldfish Crackers ½ Serving. Sun Butter .5oz 100% Fruit Juice 4oz.	3 Avocado Dip 4oz Wgr. Soft Bread stick ½ S. String Cheese ½ oz Water
6 Cottage cheese 2 oz. Diced peach 4oz. Water.	7 Corn Muffin ½ Serving. 1% Milk 4oz.	8 Baby bel Cheese ½ oz. Ritz crackers ½ serving. Mix fruit cup 4oz.	9 Hummus ½ oz. Pita Pocket ½ Serving. 100% Fruit Juice 4oz.	10 Wheat Thins ½ Serving. Cream cheese .5oz Applesauce 4 oz.
13 Yogurt 4 oz. Graham Crackers ½ Serving. Water	14 Cheez its crackers ½ serving. Soy Butter .5oz 100% Fruit Juice 4oz.	15 Berry Nutri grain bars ½ S. 1% Milk 4 oz.	16 String Cheese ½ oz. Saltine Crackers ½ Serving. Tropical fruit 4oz.	17 Avocado Toast Wgr. Toast Bread ½ Serving. Avocado Dip 4oz. Water
20 HOLIDAY SCHOOL CLOSED	21 Cottage Cheese 2oz. Pineapple Tidbits 4 oz. Water	22 Fig Newtons ½ Serving. Fresh fruit 4oz 1% Milk 4oz.	23 Fruit Yogurt 4oz. Animal Crackers ½ Serving. Water	24 Fresh Cucumbers Dip 4oz. Rice Cake ½ Serving. String cheese ½ oz. Water
27 Carrot Sticks 4oz Triscuits ½ Serving. Ranch dressing ½ oz.	28 Graham Crackers ½ Serving. Fruit Yogurt 4oz. Water	29 Wheat Thins ½ Serving. Cream cheese .5oz Applesauce 4 oz.	30 Babybel cheese ½ oz. Naan Bread ½ Serving. 100% Fruit Juice 4oz.	31 Apple Nutri grain bar ½ Serv. 1 % Milk 4 oz.

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Desert Preschool Academy
Breakfast-Lunch-Snack (Infants 6-11months)
January 02-31, 2025

Breakfast 6-11 Months; Infant cereal 2-4 Tbsp. Fruit/ Vegetable 1-4 Tbsp.
 Lunch 6-11 Months; Infant Cereal 2-4 Tbsp. Meats - Meat Alternative 1-4 Tbsp. Fruit/Vegetable 1-4 Tbsp
 Snack 6-11 Months; Bread ½ serv. Crackers 2ea., Fruit/ Vegetable 1-4 Tbsp, 100% Fruit Juice 2-4 Fluid oz.
 Formula /Breast Milk; 0-3 Mo. B-L-S, 4-6 Fl oz., 4-7 Mo. 4-8 Fl oz., 8-11 Mo. 6-8 Fl oz. at each Mealtime.
 Note: Individual Feeding Plans for infants in transition to solid food items will be prepared as follows;
 Steamed, Mashed or puree to provide the texture and consistency needed for the infant.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 HOLIDAY SCHOOL CLOSED	2 Breakfast- Fruit Lunch – Veggies, Meats Snack - Veggies or Fruit Infant Cereal (Rice or Oatmeal)	3 Breakfast - Fruit Lunch - Veggies Snack - Veggies or Fruit Infant Cereal (Rice or Oatmeal)
6 Breakfast- Fruit Lunch – Veggies Snack - Veggies or Fruit Infant Cereal (Rice or Oatmeal)	7 Breakfast - Fruit Lunch - Veggies, Meats Snack - Veggies or Fruit Infant Cereal (Rice or Oatmeal)	8 Breakfast- Fruit Lunch – Veggies Snack - Veggies or Fruit Infant Cereal (Rice or Oatmeal)	9 Breakfast - Fruit Lunch - Veggies, Meats Snack - Yogurt Infant Cereal (Rice or Oatmeal)	10 Breakfast - Fruit Lunch - Veggies Snack - Veggies or Fruit Infant Cereal (Rice or Oatmeal)
13 Breakfast- Fruit Lunch – Veggies Snack - Veggies or Fruit Infant Cereal (Rice or Oatmeal)	14 Breakfast - Fruit Lunch - Veggies, Meats Snack - Veggies or Fruit Infant Cereal (Rice or Oatmeal)	15 Breakfast- Fruit Lunch – Veggies Snack - Veggies or Fruit Infant Cereal (Rice or Oatmeal)	16 Breakfast- Fruit Lunch - Veggies, Meats Snack - Yogurt Infant Cereal (Rice or Oatmeal)	17 Breakfast - Fruit Lunch - Veggies Snack - Veggies or Fruit Infant Cereal (Rice or Oatmeal)
20 HOLIDAY SCHOOL CLOSED	21 Breakfast - Fruit Lunch - Veggies, Meats Snack - Veggies or Fruit Infant Cereal (Rice or Oatmeal)	22 Breakfast- Fruit Lunch – Veggies Snack - Veggies or Fruit Infant Cereal (Rice or Oatmeal)	23 Breakfast - Fruit Lunch - Veggies, Meats Snack - Veggies or Fruit Infant Cereal (Rice or Oatmeal)	24 Breakfast- Fruit Lunch - Veggies Snack - Veggies or Fruit Infant Cereal (Rice or Oatmeal)
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January 02-31, 2025**

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In accordance with Federal Law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identify and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English, Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state of local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Compliant Form which can be obtained online at: <https://www.usda.gov/sites/default/documents/ad-3027.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of all alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. Mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C 20250-9410; or
2. Fax: (833) 256-1665 or 202-690-7442; or
3. Email: program.intake@usda.gov

This institution is an equal opportunity provider.